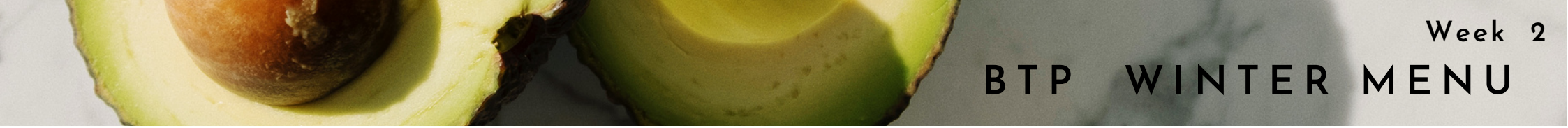
Week 1

BTP WINTER MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Apple, Rockmelon, Orange, Banana & Vanilla Yoghurt Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Banana & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Vanilla Yoghurt Water & Milk	Pear, Apple, Orange, Banana & Rice Crackers Water & Milk
Lunch	Assorted Wholemeal & White Sandwiches : Salami cucumber cheese, vegemite & jam	Baked Ravioli Lasagna V SF OR Creamy Vegetable Pasta V	Salmon & Zucchini Herb Spaghetti HL SF OR Mac & Cheese V GF	Chicken Fajita Rice Bake HL GF SF OR Mexican Rice V DF GF	Teriyaki Beef & Vegetables with Rice DF OR Honey Soy Vegetable Stir Fry V DF GF
Afternoon Tea	Homemade Scones, Carrot & Cucumber Sticks Water	Cheese & Crackers with Dried Apricots and Sultanas Water	Garlic Bread with Carrot and Cucumber Sticks Water	Vegemite & Cheese Rice Cakes with Carrot Sticks Water	Freshly Baked Apple Muffins with Apple Segments Water

Dietary alternatives are provided as required

HL - Halal GF - Gluten Free DF - Dairy Free SF - Soy Free V - Vegetarian



Week 2

BTP WINTER MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Apple, Rockmelon, Orange, Banana & Vanilla Yoghurt Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Banana & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Vanilla Yoghurt Water & Milk	Pear, Apple, Orange, Banana & Rice Crackers Water & Milk
Lunch	Assorted Wholemeal & White Sandwiches : tuna, cucumber, cheese, vegemite & jam	Cauliflower & Sweet Potato Curry with Rice V GF DF SF OR Bean & Vegetable Curry SF DF V GF	Cheesy Pasta Bake with Chicken Breast & Italian Vegetables HL SF OR Vegetable & Cheese Bake V SF	Sweet & Sour Chicken with Rice HL GF DF SF OR Vegetable Stir fry with Rice HL GF DF SF	Beef Nachos, Tortilla Strips, Mozzarella & Sour Cream GF SF OR Bean & Vegetable Nachos V GF SF
Afternoon Tea	Puff Pastry & Raspberry Jam Twists with Apple & Orange Water	Cheese & Crackers with Dip & Carrots Sticks Water	Raisin Toast Cucumber Slices Water	Cheese & Garlic Scrolls with Carrot Sticks Water	Orange Jelly with Fresh Orange Segments Water

Dietary alternatives are provided as required

HL - Halal GF - Gluten Free DF - Dairy Free SF - Soy Free V - Vegetarian

Week 3

BTP WINTER MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Apple, Rockmelon, Orange, Banana & Vanilla Yoghurt Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Banana & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Vanilla Yoghurt Water & Milk	Pear, Apple, Orange, Banana & Rice Crackers Water & Milk
Lunch	Assorted Wholemeal & White Sandwiches : tuna, cucumber, cheese, vegemite & jam	Spaghetti Napolitana with Italian Vegetables V SF OR Spaghetti & Vegetable Alfredo GF V SF	Butter Chicken with Rice HL GF DF SF OR Creamy Vegetable Curry & Rice V DF GF	Homemade Chicken Noodle Soup DF HL SF OR Vegetable Soup V DF SF GF	Spaghetti Bolognaise SF DF OR Spaghetti Napolitana V HL SF
Afternoon Tea	Raspberry Muffins with Apple Slices Water	Rice Cracker with Carrot Sticks & Cream Cheese Dip Water	Cheese & Vegemite Cruskets with Cucumber sticks Water	Vegemite Rice Cakes with Carrot sticks Water	Homemade Damper Rolls with Jam & Pear Water

Dietary alternatives are provided as required

HL - Halal GF - Gluten Free DF - Dairy Free SF - Soy Free V - Vegetarian

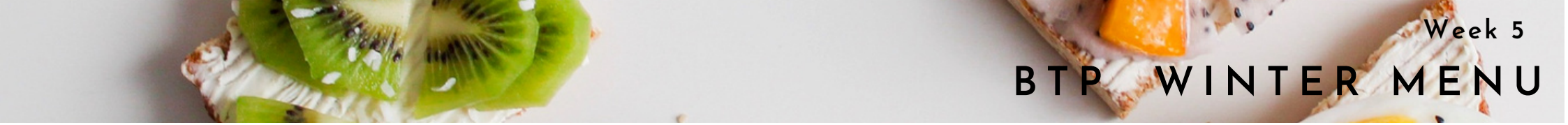
Week 4

BTP WINTER MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Apple, Rockmelon, Orange, Banana & Vanilla Yoghurt Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Banana & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Vanilla Yoghurt Water & Milk	Pear, Apple, Orange, Banana & Rice Crackers Water & Milk
Lunch	Assorted Wholemeal & White Sandwiches : Ham, carrot & cream, cheese, vegemite & jam	Tuna & Tomato Spaghetti HL SF OR Cheese & Vegetable Rice Bake V SF GF	Chicken Parmigiana Pasta Bake SF HL OR Tomato & Garlic Pasta GF SF DF	Honey Soy Chicken Noodles HL SF OR Vegetable Noodles Stir Fry HL SF	Mexican Tortilla Pie SF OR Mexican Bean & Vegetable Rice V DF SF
Afternoon Tea	Freshly Baked Blueberry Muffins with Apple Water	Vegemite & Cheese Cruskits with Cucumber sticks Water	Garlic Bread Slices with Cucumber & Carrot Sticks Water	Cheese & Crackers with Dried Apricots & Carrots Sticks Water	Apricot Slice with Pear Water

Dietary alternatives are provided as required

HL - Halal GF - Gluten Free DF - Dairy Free SF - Soy Free V - Vegetarian



Week 5

BTP WINTER MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Apple, Rockmelon, Orange, Banana & Vanilla Yoghurt Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Banana & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Vanilla Yoghurt Water & Milk	Pear, Apple, Orange, Banana & Rice Crackers Water & Milk
Lunch	Assorted Wholemeal & White Sandwiches : ham, cheese & cucumber vegemite & jam	Garlic & Cheese Spaghetti V SF OR Vegetable & Tomato Pasta GF DF SF	Honey Mustard Chicken with Vegetables & Rice HL SF OR Vegetable Rice Bake GF V SF	Homemade Chicken Noodle Soup HL DF SF OR Bean & Vegetable Curry Rice SF DF V GF	Meatball Sub Sandwiches SF DF OR Vegetable Noodle Soup with Fresh Bread Rolls GF SF DF V
Afternoon Tea	Freshly Baked Apple & Oat Muffins with Apple Slices Water	Raisin Toast with Cucumber & Carrot Sticks Water	Rice Cracker n with Cucumber Sticks & Cream Cheese Dip Water	Pizza Muffins with Cucumber & Carrot Sticks Water	Banana Bread with Pear Slices Water

Dietary alternatives are provided as required

HL - Halal GF - Gluten Free DF - Dairy Free SF - Soy Free V - Vegetarian

Week 6

BTP WINTER MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Tea	Apple, Rockmelon, Orange, Banana & Vanilla Yoghurt Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Banana & Rice Crackers Water & Milk	Watermelon, Rockmelon, Pineapple, Orange, & Vanilla Yoghurt Water & Milk	Pear, Apple, Orange, Banana & Rice Crackers Water & Milk
Lunch	Assorted Wholemeal & White Sandwiches : tuna, carrot & cream cheese, vegemite & jam	Creamy Butternut Pumpkin Soup with Fresh Crusty Bread SF V OR Open Face Cheese Grilled Sandwich V SF	Chicken Stroganoff with Vegetables & Rice HL GF SF OR Vegetable Rice Bake HL SF V	Cheesy Tuna & Broccoli Pasta Bake HL SF OR Garlic & Cheese Spaghetti with Italian Herbs V HL SF	Beef Chow Mein with Noodles HL DF SF OR Vegetable Stiry Fry HL SF V
Afternoon Tea	Freshly Baked Sultana & Apple Muffins with Banana Water	Cracker with Carrot Sticks & Cream Cheese Dip Water	Vegemite & Cheese Sao Biscuits with Cucumber Sticks Water	Garlic Bread Slices with Cucumber & Carrot Sticks Water	Apple & Pear with Vanilla Custard Water

Dietary alternatives are provided as required

HL - Halal GF - Gluten Free DF - Dairy Free SF - Soy Free V - Vegetarian