

STINGRAY DAILY STORY

WEEKLY TOPICS:

OLYMPICS AND TABLE MANNERS



DAILY TOPIC:
HEALTHY EATING

HEALTHY FOOD COLLAGE



As we continued learning about healthy eating the children created their own healthy eating dinner plates. Miss Briohny found some pictures in a Woolworths and Aldi catalogue for the children to use. Selecting one of the glue sticks they spread glue across their page before selecting a variety of healthy food and placing them on. As the children worked we identified some of the different foods from strawberries, to milk. We will continue learn about healthy eating.



HEALTHY FOOD SORTING



Olivia and Keaston took interest in the healthy food sorting activity that Miss Briohny had put out after morning tea. They sat with Miss Stacey and looked at each healthy food picture one at a time. They identified what the food was called and what colour it was. Then they placed the food item into the coloured basket that matched with the colour of the food. Olivia decided to get a magnifying glass to look at each picture closer. When they didn't know what a food was called they would ask Miss Stacey for assistance and then repeat the name of the food back. The children enjoyed discovering new foods.





MUSIC



We had Mr B for music which is something the children always enjoy. When he arrived they all rushed to the mat and sat patiently. Today he taught the children to combine two elements which they had previously learnt into one movement. They followed Mr B doing a stomp and clap. The children picked this up very quickly. They then put their new skill to use along with their skills from previous weeks in a new song. The children were able to focus on Mr B and the music lesson for the entire time today and had a great time as always.



GROUP TIME

During group time this morning Miss Briohny and the children talked about the Olympics. We also looked at a couple of videos on Miss Briohny's phone about the different sports at the Olympics. Then as a group we marked on our tally how many medals Australia has won so far. After our Olympics discussion we went on to learn about our healthy food. Looking at the easel we recognised the different coloured baskets, red, green, yellow and orange. Then as a group the children and Miss Briohny looked at pictures of different fruit and vegetables and identified which basket they belonged in, sorting them by colour.



Analysis of learning

LEARNING OUTCOMES ACHIEVED: LO2, 2.1,
LO3, 3.1, 3.2, LO4, 4.1, 4.2, LO5, 5.1, 5.2, 5.3



Reflection of the day



Today the children learnt about healthy eating and the Olympics. As a group we sorted fruit and vegetable by colour while also learning about the food that are healthy for us and foods that are sometimes foods.

We only had a small group so the children had a great day exploring different activities.

Photos of the day



Sleep, eat chart



<u>Stringray</u>			Staff Name	Briohny	Stacey	Megan
			Shift	7.00-3.30	9.30-6.00	9.30-5.30
Date	27.07.2021		Rest Pause	10 mins	10 mins	10 mins
Day	Tuesday		Lunch	11.45-12.45	1.30-2.30	12.45-1.30
CHILD'S NAME	Morning tea	Lunch	Afternoon Tea	Rest Time		Bottle
OLIVIA	OFFERED	ALL	MOST	12.30-1.35		
SPENCER	ALL	ALL	MOST	11.40-1.35		ALL
KEASTON	ALL	ALL	MOST	12.15-2.00		
HANSON	ALL	ALL	MOST	11.55-2.00		
VIOLET	SOME	ALL	MOST	12.05-1.00		
YOONU	ALL	ALL	MOST	11.50-12.50		
SAI	OWN SNACKS	OWN SNACKS	MOST	11.45-1.15		
UV Rating		Sun protection recommended from 10:00 am to 1:40 pm				
Morning Tea		FRUIT AND VANILLA YOGHURT				
Lunch		ASSORTED SANDWICHES				
After-noon tea		CHEESE AND CRACKER PLATTER WITH DRIED FRUIT				