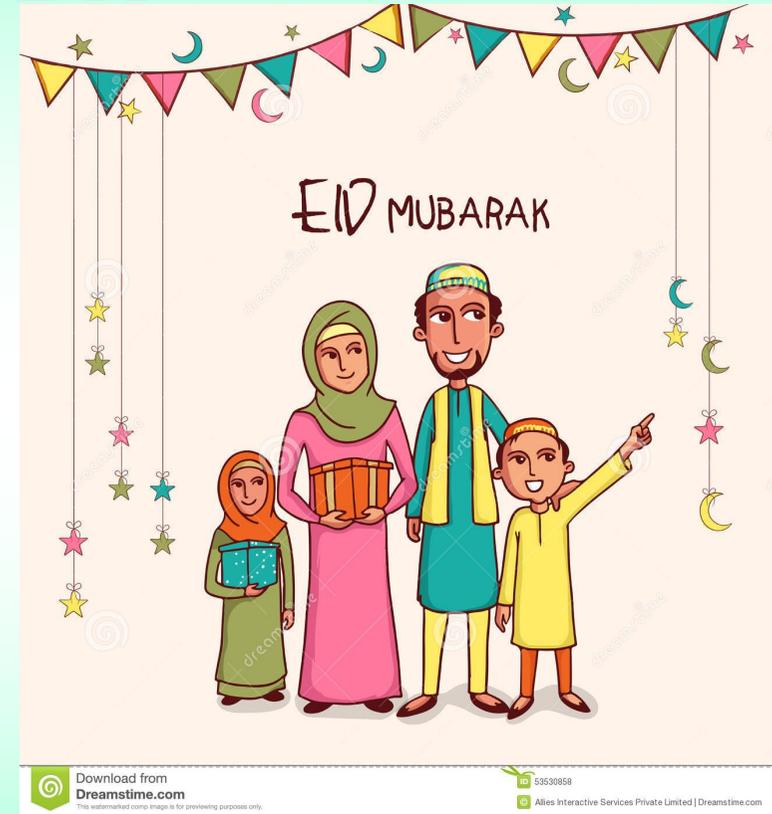


# STINGRAY DAILY STORY

## WEEKLY TOPIC:

## PERSONAL HYGIENE

## EID AL-ADHA



# YOGA

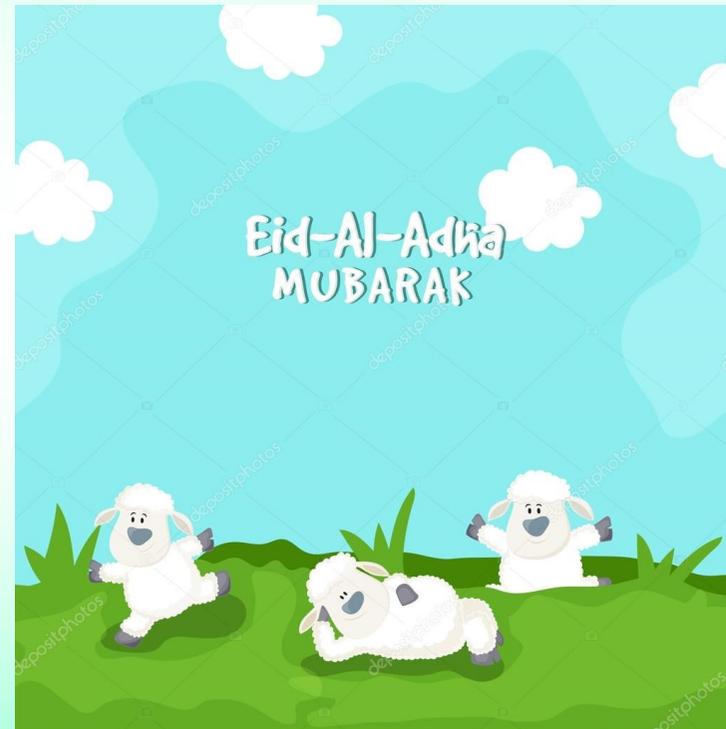
Miss Ginny was back this morning for Yoga. The children were excited and were waiting on the mat. To start their yoga session they stretched their arms up into the air before reaching down to touch their feet. Once they were all stretched out they moved into doing "Row, Row your boat", as they rowed the leant back, then stretched their arms out in front of them. Miss Taylor also helped Miss Ginny today by forming some bridges on the mat. Once the bridge was formed the children took turns crawling underneath. The children also practiced their breathing again today using the feathers. Holding the feather in front of their mouth, they took a big breath in and then blew it back out again, against the feather, watching it move. To finish Yoga the children joined in the tree game. They moved around the room to music and when the music stopped they stood up tall like a tree with their hands above their heads.



# EID SHEEP COLLAGE



Azalea and Marwin finished our Eid Sheep collage today. Using the glue they covered the outline of their sheep before selecting handfuls of wool. Using the wool they spread it out across their sheep to create the texture of the sheep.



# PLAYDOUGH



The stingrays children love the sensory experience of playing with playdough. Hanson used the roller to flatten the playdough into a pancake. He enjoyed this experience and even used his sharing skills to let other children have a go with the roller. Nate would slice the playdough into pieces using another playdough tool. They sat in a group by the activity table sharing the playdough tools and the actual playdough. Their patience was tested and if they were unable to wait for their turn, they would be redirected to other play.

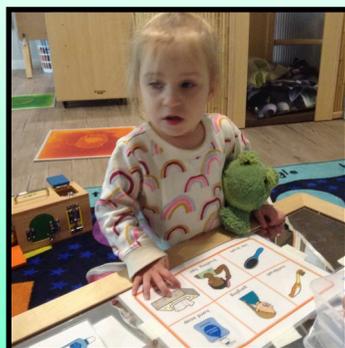
# HYGINE

## MEMORY MATCH



Yoonu, Hanson, Violet, Spencer, Olivia, Azalea and Nate participated in the Hygiene memory match activity. Looking through the small cards on the table they used their recognition skills to identify the different actions and hygiene materials. Miss Briohny sat with Spencer and Nathaniel, talking about the actions on the cards. The boys were able to show Miss Briohny how they brush their hair and to wash their hair.

The children demonstrated their matching skills as they were able to identify the images on the small cards and match them to the pictures on the game cards. This activity encouraged the children to learn about the different ways in which they can keep clean and look after their bodies.



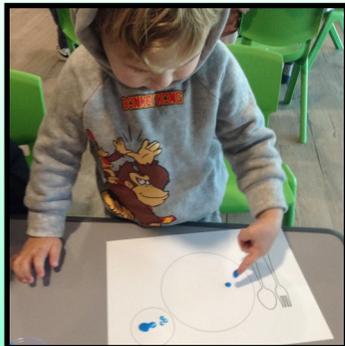
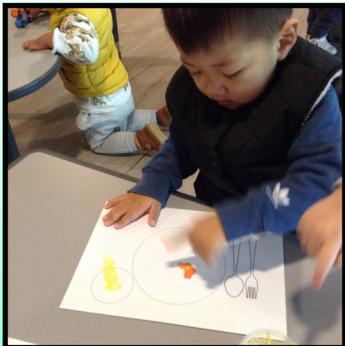
# FINGERPAINT PLACEMATS



Miss Briohny created the children some placemat templates for them to use during lunch time, to help keep their bowls and plates in front of them so they don't get food on the table.

Today the children used some red, yellow, orange, blue and green paint to do finger painting on their placemats. While painting the children each created their own unique patterns. Some of the children chose to make dots on their painting, by pressing their fingers into the paint and they onto the paper, while the other children decided to use their fingers as a paint brush and to spread the paint around their paper. Once their placemats are dry we will add their photo to the bottom corner and laminate them.

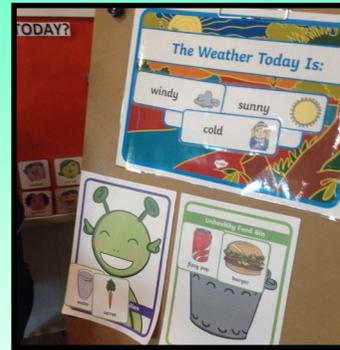
This will allow the children to identify their pictures and to use their self-help skills through each meal.



# GROUP TIME

As the children were having morning tea we looked outside and identified the weather for today. It is cold, windy and sunny.

During group time this morning the children joined Miss Briohny on the mat and we started talking about healthy and un-healthy foods. We did this using a picture of 'Alan the alien' and a rubbish bin. Miss Briohny explained that Alan the Alien only eats healthy foods. Looking at different pictures of foods the children and Miss Briohny talked about where each food went. They decided that water, carrot, yoghurt, mango, cheese, bread, banana, tomato, oranges and apples were the healthy food. While fizzy drink, burger, cupcake, pizza, chips, chocolate, sausages and cake were our un healthy food. We also decided that butter and fish and chips go in between as they are something we shouldn't have everyday but can be classed as a healthy food.



# Analysis of learning

LEARNING OUTCOMES ACHIEVED: LO1, 1.1, LO2, 2.1, LO3, 3.1, 3.2, LO4, 4.1, 4.2, 4.3, LO5, 5.1, 5.2, 5.3

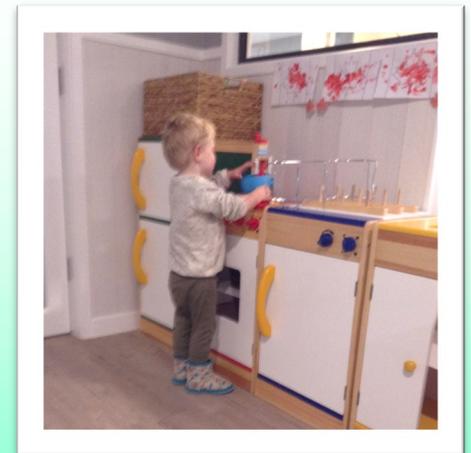
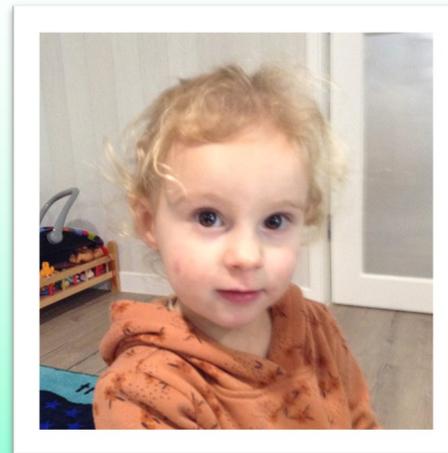


## Reflection of the day



Today we created our last Eid sheep before moving our interest onto healthy and unhealthy foods. During group time we sorted some food into different categories, talking about why they belong their. The children also created their own placemats.

# Photos of the day



# Sleep, eat chart



<u>Stringray</u>		Staff Name	Briohny	Taylor	Alaura	
		Shift	7.45-4.00	9.00-5.15	11.30-6.00	
Date	21.07.2021		Rest Pause	10 mins	10 mins	10 mins
Day	Wednesday		Lunch	12.00-12.45	12.45-1.30	
CHILD'S NAME	Morning tea	Lunch	Afternoon Tea	Rest Time		BOTTLE
Samik	ALL	ALL		11.55	1.00	
Yoonu	ALL	ALL		12.00	1.00	
Xin Yan	ALL	ALL		11.50	1.10	MOST
Olivia	ALL	SOME		Rested		
Spencer	ALL	ALL		11.45	2.00	ALL
Azalea	ALL	ALL		12.30	1.40	
Violet	ALL	ALL		12.10	1.00	
Nathaniel	ALL	ALL		12.15	2.00	
Marwin	ALL	ALL		12.15	1.10	
Thomas	LATE	ALL		12.20	2.00	
Keaston	ALL	ALL		11.40	1.50	
Hanson	ALL	OWN SNACKS		11.35	1.50	
UV Rating	Sun protection recommended from 10:20 am to 1:20 pm					
Morning Tea	RICE THINS WITH ROCKMELON AND APPLE PIECES					
Lunch	MACARONI AND CHEESE					
Afternoon tea	VEGIMITE AND CHEESE SCROLLS WITH CARROT AND CUCUMBER STICKS					