### STINGRAY DAILY STORY



# WEEKLY TOPIC: PERSONAL HYGIENE





# DAILY TOPIC: HAND WASHING, WIPING NOSE AND GERMS



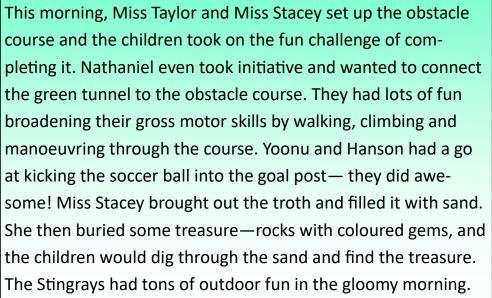


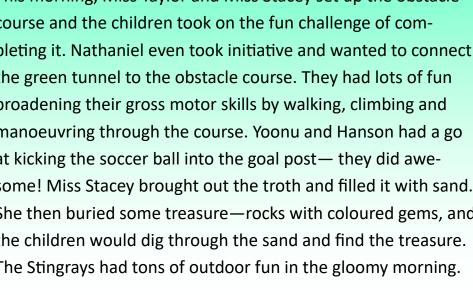


















# BUBBLE PAINTING



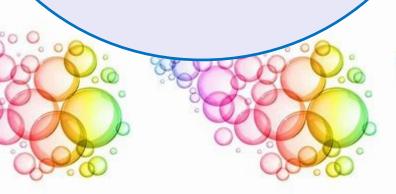
This morning we started learning about personal hygiene. To start off this topic the children used bubble mixture and food dye to create bubble paintings. We started with the children trying to blow the bubbles but it was a bit hard, so Miss Stacey and Miss Briohny helped instead. Once the bubbles were flowing over the top of the container the children grabbed their paper and pressed it onto the bubbles. As the bubbles were coloured they left a patter on the paper. The children enjoyed watching Miss Briohny and Miss Stacey blow the bubbles. By placing the paper over the top of the containers the children were able to control the placement of their bubbles.

















## SOAPY WATE









As part of hygiene week, Miss Briohny filled a container with some water and dish washing liquid. The children were handed toothbrushes to wash some of our farm animal toys. They would soak the animals in the water and brush them with the toothbrushes. Hanson would even brush the teeth of the toy cow. The children then decided it was time to wash the baby toys from home corner. They removed the baby dolls clothes and carefully washed and dried them. This activity of washing the toys and equipment they use teaches them responsibility and self-help skills.



























Yoga was back this morning with a new teacher Miss Ginny She is our Yoga Fairy Godmother. The children enjoyed their new Yoga session. They did some stretching and then moved their bodies into different Yoga positions. They did the cat and cow pose as well as becoming mice. They also rowed their boats, as well as becoming rocket ships, as they stretched down to their toes and brough their bodies back up again. Once they were all warmed up they sat together in a group on the mat and were each given a feather. Once they had their feather they held it up to their mouths, took a deep breath in and then pretended they were blowing out candles, as they blew out the candles the feather moved. Next they moved around the room to music and once it stopped they had to stand up tall like a tree.

Overall we had a really good Yoga session this morning and we cant wait for another one next week.



### GROUP TIME

The children joined Miss Briohny around one of the tables this morning for our group time. We started learning about our personal hygiene by leaning about when we need to wash our hands. The children explained after wiping nose, toilet and messy play, we also need to wash them before eating, after outdoor play and working in the garden. Looking at our hands Miss Briohny explained that there are germs on our hands and that's why we wash them. To explain this we did a hand washing experiment. In one of our plates Miss Briohny filled it halfway with water before sprinkling over some turmeric powder. Sticking her fingers into the water she showed the children how the "germs" stuck to her finger, next she added some soap to her finger and pressed it into the water. As a group we watched as the "germs" moved away from the soap. The children then took turns with the soap and water. To finish our group time we talked about what to do when we cough and how to cover our germs, coughing into our elbow. Miss Briohny also showed the children our 'Snuffle Station' where they can go to wipe their nose.

















### Analysis of learning

LEARNING OUTCOMES ACHIEVED: LO1, 1.1, LO2, 2.1, LO3, 3.1, 3.2, LO4, 4.1, 4.2, 4.3, LO5, 5.1, 5.2, 5.3





### Reflection of the day

Today we started learning out personal hygiene in the form of hand washing, wiping out nose and germs. The children used bubble mixture and food dye to create paintings while on the mat they washed the animals with soapy water. During group time we learnt about the importance of washing our hands and how to block our germs when coughing.

## Photos of the day



















# Sleep, eat chart



<u>Stringray</u>				Staff Name	Briohny	Taylor	Stacey
				Shift	9.00-5.15	7.45-4.00	7.00-3.30
Date	te 14.07.2021		Rest Pause	10 mins	10 mins	10 mins	
Day		Wednesday		Lunch	1.30-2.15	12.45-1.30	11.45-12.45
CHILD'S NAME		Morning tea	Lunch	Afternoon Tea	Rest Time		Clothing
NATHANIEL		ALL	ALL	all	11.35	1.35	
SPENCER		ALL'	ALL	all	11.50	1.35	
YOONU		ALL	ALL	all	11.40	12.40	
AZALEA		ALL	ALL	all	rested		
SAI		OWN SNACKS	OWN SNACKS	most	11.55	1.10	
SAMIK		ALL	MOST	most	rested		
HANSON		ALL	ALL	all	11.35	1.50	
VIOLET		LATE	ALL	all	rested		
KEASTON		ALL	ALL	all	12.10	1.20	
UV Rating		Sun protection recommended from 10:20 am to 1:30 pm					
Morning Tea		BANANA AND ROCKMELON WITH RICE CRACKERS					
Lunch		ASSORTED SANDWHICHES					
Afternoon tea Vegimite and Cheese Sayos with vegtable sticks							